#### PENNSYLVANIA TRACK & FIELD REVIEW

REVIEW

April 6, 1971

Vol. 2 No. 2

1709 Forster Street - Harrisburg, Penna. 17103

IN THIS ISSUE .....TODD JONE'S ALL TIME
PENNSYLVANIA HIGH SCHOOL TRACK AND
FIELD LIST





## MEET RESULTS - HIGH SCHOOL CHAMPIONSHIP MEET - UNIVERSITY OF DELAWARE 2/20

60-YARD DASH  1. Volkens, D., Bartram  2. Ruben, G., L. Merion  3. Jenkins, E., Bartram  4. Seitz, M., Mt. Pleasant  5. Roberts, J., N. Catholic  6. Kassum, M., Norristown	6.5 6.6 6.6 6.6 6.6	1000-YARD RUN  1. Nesbitt, R., W. Phila. 2. Mervine, R., Neshaminy 3. Maus, D., W. Cath. 4. Carroll, F., St. James 5. Doeip, E., Ridley 6. Mettaway, G., Bartram	2.18.5 2.19.2 2.20.8 2.21.5 2.22.5 2.30.1
60-YARD HIGH HURDLES  1. Lynn, Ray, Frankfurt  2. McCutcheon, B., Penncrest  3. West, D., Abington  4. Boggs, T., Coatesville  5. McIntyre, S., Pennsbury  6. Kelly M., Ryan	7.5 7.6 7.6 7.8 7.8 7.9	1-MILE RUN 1. O'Rourke, J., Bartram 2. Jennings, J., Dougherty 3. Pfotzer, J., Mt. Pleas. 4. Jacovini, R., O'Hara 5. Fallon, T., Springfield 6. Urbine, J., Coatesville 7. Gohby, A., Mt. Pleas.	4.22.1 4.23.4 4.24.5 4.25.6 4.45.0 4.45.0 4.51.6
600-YARD RUN  1. Davidson, J., Tennent  2. Waye, V., Neshaminy  3. Reckefus, S., O'Hara  4. Norman, R., W. Catholic  5. Gillespie, K., Chelt.  6. Stearn, P., N. Penn  7. Jones, G., W. Chester  8. McGhee, V., Norris.  9. Siddell, J., Neshaminy  10. Brady, B., Ryan	1.12.7 1.14.8 1.15.2 1.15.6 1.15.9 1.17.5 1.18.2 1.18.7 1.18.7	2-MILE RUN  1. Van Ingen, P., Springfield 2. Gabriel, S., Springfield 3. Carrier, P., Penncrest 4. Wovechowski, S., Neumann 5. Eastman, S., U. Merion 6. Organtini, G., Norristown 7. Lewis, B., Pennsbury 8. Weisler, B., Ryan 9. Liscom, D., U. Darby	9.49.5 9.58.4 10.09.8 10.12.8 10.15.5 10.37.3 10.40.0 11.04.0

PTFR 4/6/71

#### **NEWS ROUNDUP**

Jack Shepard, Scholastic Editor for Track & Field News has informed REVIEW that Bob Young, senior from Woodrow Wilson, Levittown, off the basis of his 6-8 1/8 jump indoors is ranked No. 4 in the nation. Dwight Stones of Glendale, Calif. leads at 6-10, followed by Bruce Groneveldt, LaSalle H.S., New York City, 6-8½, Mike Branch, Ft. Worth, Texas 6-8¼, Bob Young 6-8 1/8, and Randy Fulkerson, Santa Fe Springs, Calif, 6/8. Art Owens of Stroudsburg High School looks like the man to beat...so far, in the 100 this season. Owens looked terrific in beating Gary Cromley of Milton, easily in 9.9. Cromley ran 9.8 in '70. Pa. had a good crop of sprinters graduated last year, and another returnee who was overshadowed last season who should come into his own is Mel Washington, Wm. Penn Harrisburg junior who clocked a pair of 9.9's as a soph. Inexperience and inconsistency plaqued Washington last season but he should be one to reckon with outdoors. Philadelphia's two supermen Joe O'Rourke of Bartram and Rich Jacovini of Cardinal O'Hara tangled in the mile in their first battle of the outdoor season at The Spiked Shoe Meet on Franklin Field March 20th. Jacovini got the nod this time, winning in 4.25.0 slightly ahead of @'Rourke. Kenny Warner, fantastic 49.0 quarter miler from Wissahickon is now lost to the team for the outdoor season. At the end of the indoor season he became inelligible due to age. At present, Warner, who ran on the State Champ: ionship mile relay unit is considering Norfolk State and Johnson C. Smith College. Head Coach F. Garis stated in spite of this tremendous loss, his Wissahickon relay team will remain quite strong with soph Leon "Bunker" Hill who ran 52.3; Ernie Cupid, a junior with 52.4, and junior Tony Bishop, 50.5, all clocked during the indoor season. Coach Garis has several good prospects to pick from in filling the vacant slot. Pierre Ritter, York junior means business. At a meet a G.A.R. High in Wilkes-Barre last February, Ritter ripped off a 7.2 60-yard low hurdle race. He lead the state in the 180 yard event last year with a 19.2. Ray Kressler, head track mentor at Rider College announces he will stage a second annual Steeplechase clinic at Trenton, N.J. this season since last year's was an overwhelming success. Top experts in this event will be on hand once again, at the clinic which is scheduled for June. Arch-rivals Tim Cook and Mickey Collins of Chambersburg and Easton High Schools respectively, went head to head in their first outdoor mile run duel of the season, with Collins getting the nod in this one 4.21.4 to 4.26.3. Cook had a slight lead at the start of the final lap, but Collins' strong finishing kick saw him pull away from Collins with 150 yards to go. Former P.I.A.A. executive director "Bus" Funk passed away recently in Harrisburg. He was 79 years old. J. Davidson of William Tennent High ran a swift indoor 600 in 1: 12.7 at the University of Delaware 2/20/71.

Water War war in	
880-YARD RELAY	
	1.34.1
1. Norristown	1.34.4
2. Bartram	1.34.6
3. Abington	1.36.0
4. Cheltenham	1.36.9
5. North Catholic	1.37.3
6. West Philadelphia	1.37.3
7. L. Merion	1.38.5
8. Coatesville	1.38.5
1-MILE RELAY	
	3.32.2
1. Dougherty	3.33.8
2. Tennent	3.34.8
3. Bartram	3.37.8
4. L. Merion	3.37.9
5. Neshaminy	3.43.4
6. Norristown	

#### PENNSYLVANIA TRACK & FIELD REVIEW

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#### ON THE COVER ...

Tim Cook, Chambersburg High School miler and 1970 District 3 Champion. His personal best is 4.20.3 outdoors as a junior last year. Cook will get plenty of stiff competition from Easton's Mickey Collins, Bethel's Bob Schurko, and possibly Rick Kissman of Erie Mc-Dowell for the top spot in this event.

As stated in the "Review" Annual the author rates Kennett Square's great sprinter, Don Webster, the finest prep athlete in Pennsylvania track and field annuals. Webster ran in the 1960 Olympic trails (400 meters) and copped three state titles in the Class A 440-yard dash. In 1961 when he clocked his great 46.5 he defeated the well-known Dolph Plummer who later held the world's record in the quarter. No athlete in track history has turned in such superlative performances at an early age as Webster did. He was truly amazing.

Ted Meredith, an Olympic 800 meters champ in 1912 as a 19-year old schoolboy, gets the nod over the more versatile Gene White who copped the Golden/West Invitational long jump championship at 25 feet even.

In the battle for 4th thru 10th places on the alltime list USA ratings, state titles, state ratings and other criteria were evaluated in an effort to rate the above fine performers.

You will note that both Ambridge and Mercersburg Academy landed two performers on the all-time Pa. prep performers list.

The author welcomes comments from interested readers. The best letters will be used in upcoming issues of "Review."

#### UNOFFICIAL ALL-TIME PENNSYLVANIA HIGH SCHOOL TRACK & FIELD PERFORMERS

...Compiled by Todd H. Jones

Editor's Note: Marks made in summer meets, Jr. Olympics, AAU competitions, etc. up until Sept. 1 are acceptable. Special thanks to Hugh Gardner and Chuck Hemphill for their assistance in preparing this compilation. Additions, corrections should be sent to the author at 48 S. Broad St., Nazareth, Pa. 18064. Please include athlete's full name, school, city, year & performance. Denote windy or non-winning times.

#### 100 YARD DASH

- 9.6 Barney Ewell, McCaskey, Lancaster 1937
- 9.6 John Terpko, Sayre 1937
- 9.6 Eddie Junghans, McCaskey, Lancaster 1938
- 9.6 John Neyer, Pottsville 1939
- 9.6 Gary Wagner, Parkland, Orefield 1965
- 9.7 George Pointdexter, Wilkinsburg 1935
- 9.7 Tom Carr, Mount Lebanon, Pittsburgh 1941
- 9.7 Benny Wright, Chester 1948
- 9.7 Art Pollard, Scott, Coatesville 1953
- 9.7 Charles Baker, Erie Academy, Erie 1953
- 9.7 Jim Bantum, Roman Cath. Philadelphia 1959
- 9.7 Don Webster, Kennett Square 1961
- 9.7 Mike Kahn, Henderson, West Chester 1963
- 9.7 Ron Dillard, Ford City 1964
- 9.7 Matt Giles, Aliquippa 1964
- 9.7 Monte Frazier, Bartram, Philadelphia 1964
- 9.7 Orin Richburg, Westinghouse, Pittsburgh 1964
- 9.7 Sim MacArthur, Steelton-Highspire, Steelton 1966
- 9.7 Jim Scott, Carlisle 1969-70
- 9.7 Bill Clugston, North Penn, Lansdale 1969
- 9.7 Ron Miller, Unionville 1970
- 9.7 Wayne Wright, Cardinal Dougherty, Phila. 1970
- 9.7 Ron Shaw, Bartram, Philadelphia 1970
- 9.7 Randy Barnes, Abington 1970

## TOP TEN ALL-TIME PENNSY PREP PERFORMERS

BY TODD H. JONES

- 1. Don Webster, Kennett Square 1961 sprinter
- 2. Ted Meredith, Mercersburg Academy 1912 middle distance runner
- 3. Gene White, Bristol 1970 jumper
- 4. Ray Mushinski, Ambridge 1969 javelin thrower
- 5. Levi Portus, Pitt Westinghouse 1967 hurdler
- 6. Bob Kouvolo, Ambridge 1967 javelin thrower
- 7. Barney Ewell, Lancaster McCaskey 1937 sprinter - jumper
- 8. Jerry Richey, Pitt N. Allegheny 1967 distance
- 9. Greg Rogers, Phila. Overbrook 1969 hurdler
- 10. Al Robinson, Mercersburg Academy 1913 sprinter

#### WINDY

- 9.6 Al Robinson, Mercersburg Academy, Mercers. 1913
- 9.7 Jim Davis, Wyoming Valley West, Pittston 1968
- 9.7 Bill Rigney, Baldwin, Pittsburgh 1968
- QUESTIONABLE 9.7 Bill Johnson, Chichester, Boothwyn 1970

#### 220 YARD DASH (STRAIGHT)

- 29.9n Don Webster, Kennett Square 1960
- 21.1 Levi Portus, Westinghouse, Pittsburgh 1967
- 21.2 Bob Holmes, South Hills, Pittsburgh 1961
- 21.2 Orin Richburg, Westinghouse, Pittsburgh 1964
- 21.2 Bill Clugston, North Penn, Lansdale 1969
- 21.2 Jim Scott, Carlisle 1969
- 21.3 Barney Ewell, McCaskey, Lancaster 1937
- 21.3 Art Pollard, Scott, Coatesville 1953
- 21.3 Leonard Johnson, New Castle 1959
- 21.3 Jim Jones, Redstone 1959
- 21.3n Gary Wagner, Parkland, Orefield 1964
- 21.3 Lary Floyd, West Mifflin N., West Mifflin 1966

#### WINDY

- 20.7 Orin Richburg, Westinghouse, Pittsburgh 1964
- 20.7 Larry Floyd, West Mifflin N., West Mifflin 1966
- 20.8 Al Robinson, Mercersburg Academy, Merc. 1913
- 20.8 Adrian, Capitol, Farrell 1967
- 21.2 Bill Krouse, Red Lion 1966
- 21.2 Jim Wright, William Penn, Harrisburg 1966

#### 220 YARD DASH (TURN)

- 21.4 Jim Galbreath, Overbrook, Phila. 1965
- 21.4 Ron Shaw, Bartram, Philadelphia 1970
- 21.5 Wayne Wright, Cardinal Dougherty, Phila. 1970
- 21.5 Bill Johnson, Chichester, Boothwyn 1970
- 21.6 Mike Kahn, Henderson, West Chester 1962

#### 440 YARD DASH

- 46.5 Don Webster, Kennett Square 1961
- 47.8 Leo Fisher, Bonner, Drexel Hill 1964
- 47.8 Larry Floyd, West Mifflin, N., West Mifflin 1966
- 47.9n Wanza Poole, Overbrook, Phila. 1961
- 48.2 Bob Bryant, Abington 1965
- 48.2 Bill Neely, Abington 1970
- 48.4 Bill Clugston, North Penn, Lansdale 1969

- 48.4n Charles Curtis, Wissahickon, Ambler 1970
- 48.5 Bob Raemore, Williamsport 1958
- 48.5 Larry Martin, McCaskey, Lancaster 1969

#### 880 YARD RUN

- 1.52.5 Ted Meredith, Mercersburg Acad. Merc. 1912
- 1.53.1 Gary Gittings, Baldwin, Pittsburgh 1970
- 1.53.3 Rich Matrunick, Derry 1970
- 1.53.9 Bruce Carter, Pottstown 1963
- 1.54.1 Ray Arrington, Clairton 1965
- 1.54.1 Jerry Richey, North Allegheny, Pittsburgh 1967
- 1.54.5 Bob Cubbin, Roman Cath. Phila. 1962
- 1.54.5n Steve Gentry, State College 1965
- 1.54.5 Bob Abraham, Upper St. Clair, Pittsburgh 1970
- 1.54.5 Bob Schurko, Bethel Park 1970

#### MILE RUN

- 4.09.8 John Baker, Penncrest, Lima 1967
- 4.10.6 Jerry Richey, No. Allegheny, Pittsburgh 1967,
- 4.11.6n Mike Schurko, Bethel Park 1967
- Steve Gentry, State College 1965 4.12.4
- 4.12.8n Ray Arrington, Clairton 1965
- Gary Gittings, Baldwin, Pittsburgh 1970 4.14.3
- 4.14.9 Joe Thomas, Uniontown 1960
- 4.15.2 Bob Schurko, Bethel Park 1970
- 4.15.9 Ron Mrochko, Meyers, Wilkes Barre 1968
- 4.16.5 Pete Christ, St. Francis Prep, Sp. Grove 1970

#### TWO MILE RUN

- 9.15.4 Bill Louv, Upper Merion, King of Prussia 1970
- 9.20.8 Jim Allahand, Bensalem, Cornwells Hts. 1969
- Jim Koster, Ridley 1970 9.23.2
- Chuck Marshall, Southmoreland 1969 9.23.4
- 9.25.6 Norm Belden, Bish. Kenrick, Norristown 1970
- 9.26.0n Ron Mrochko, Meyers, Wilkes-Barre 1967
- 9.26.0 Jeff Bradley, Hempfield 1970
- 9.27.0 Greg Fredericks, Wilson, West Lawn 1968
- Wayne McBride, John Harris, Harrisburg 1969 9.29.2
- Dave Szbat, Mt. Lebanon, Pittsburgh 1969 9.29.2

#### 120 YARD HIGH HURDLES

- 13.8 Levi Portus, Westinghouse, Pittsburgh 1967
- Greg Rogers, Overbrook, Philadelphia 1969
- 13.9 George Hearn, Lower Merion, Ardmore 1957
- Erv Hall, Overbrook, Philadelphia 1965 13.9
- 14.0n Jan White, John Harris, Harrisburg 1967
- Rod Perry, Scott, Coatesville 1953 14.1
- Danny Lee, Mt. Lebanon, Pittsburgh 1958 14.1
- 14.1 Willibe Brooks, Brashear, 1961
- Kenny Moore, Bok Tech, Phila. 1962 14.1
- Dave Phillips, North Penn, Lansdale 1964 14.1
- Barry Milburn, Overbrook, Phila. 1964 14.1
- 14.I Don McCourt, North Penn, Lansdale 1966
- 14.1 Bruce Collins, Chester 1969

#### WINDY

- 13.9 Bruce Collins, Chester 1969
- **QUESTIONABLE**
- 14.0 Barry Lints, Harbor Creek 1966

#### 180 YARD LOW HURDLES

- Jan White, John Harris, Harrisburg 1966
- 18.8 Rod Perry, Scott, Coatesville 1953
- 19.0n Levi Portus, Westinghouse, Pittsburgh 1966
- 19.0 Rich Weaver, Central, Philadelphia 1968
- 19.1 Lou Sims, Steelton-Highspire, Steelton 1963
- 19.1 Hubie Bryant, Penn Hills, Pittsburgh 1964

- 19.1 Robin Little, Ridley Twp., Folsom 1966
- 19.2 Erv Hall, Overbrook, Philadelphia 1965
- 19.2 Bob Jernigan, North Penn, Lansdale 1965
- 19.2 Jim McCartney, Abington 1966
- 19.2 Bill Werstler, Pottstown 1967
- 19.2 Dale Lofton, Over brook, Philadelphia 1967
- 19.2 Bruce Collins, Chester 1969
- 19.2 Tom Donchez, Liberty, Bethlehem 1969
- 19.2 Mike Menapace, Mt. Carmel 1969
- 19.2 Pierre Ritter, William Penn, York 1970

#### HIGH JUMP

- 6'-9 3/4 Walt Mangham, New Castle 1956
- 6'-9 1/2 Frank Kaufman, Ambridge 1967
- 6'-9 Gene White, Bristol 1970
- 6'-8 1/4 Lonnie Dalton, Spring-Ford, Royersford 1967
- 6'-8 Rich Keefner, Hempfield 1967
- 6'-8 Mike Sperger, Bishop McDevitt, Wyncote 1970
- 6'-7 Charles Smith, Washington 1958
- 6'-7 Ken Haynes, Olney, Philadelphia 1969
- 6'-6 1/2 Bruce Dallas, Cumberland Valley 1966
- 6'-6 1/2 Barney Mitchell, Woodrow Wilson, Levittown
- 6'-6 1/2 Robert Young, Woodrow Wilson, Levittown 1970

#### LONG JUMP

- 25'-0 Gene White, Bristol 1970
- 24'-3 3/4 Kim Piersol, Gov. Mifflin, Shillington 1965
- 23'-11 1/4 Dick Hazard, Springfield 1948
- 23'-9 1/2 Barney Ewell, McCaskey, Lancaster 1935
- 23'-9 Ron Coleman, Grove City 1963
- 23'-8 Carl Foy, West Mifflin N., W. Mifflin 1964
- 23'-6 Dale Lofton, Overbrook, Phila. 1967
- 23'-4 3/4 Joe Cordadetti, Biglerville 1969
- 23'-3 1/2 Claude Fountain, Cen. Cath. Pitts. 1963.
- 23'-3 Joe Carmack, Penn Hills, Pitts. 1964
- 23'-3 Larry Martin, McCaskey, Lancaster 1969
- WINDY
- 25'-4 1/4 Gene White, Bristol 1970

#### TRIPLE JUMP

- 49'-1 1/2 Gene White, Bristol 1970
- Maurice Peoples, G.A.R. Mem. Wilkes-Barre 1969 48'-5 1/2
- 48'-5 1/4 Mike Bond, William Penn, Harrisburg 1966
- 48'-2 Butch Walker, New Castle 1969
- 47'-11 Jack Burnham, Penn Hills, Pittsburgh 1967
- 47'-8 Allan Nash, Henderson, West Chester 1970
- 47'-6 1/2 James Leonard, Perry, Pittsburgh 1970
- 47'-4 Bryant Salter, So. Hills, Pittsburgh 1967
- 47'-4 Bill Rea, Elizabeth Forward, Eliz. 1970
- Larry Martin, Mc Caskey, Lancaster 1969 WINDY

47-2 1/2

50'-0 1/2 Gene White, Bristol 1970

#### **POLE VAULT**

14'-8 3/4 Tom Blair, Wissahickon, Ambler 1968 14'-6 1/2 Rolando Cruz, Mercersburg Aca. Merc. 1959	)
14'-6 1/4 Jack McQuade, Wissahickon, Ambler 1970	
14'-3 Vince Bizzaro, Father Judge, Phila. 1964	
14'-2 Steve Raab, Bishop McDevitt, Wyncote 1970	
14'-1 3/4 Rob Theissen, No. Allegheny, Pitts. 1969	
14'-1 Joe Steffie, Northampton 1968	
14'-0 3/4 Pete Zaharoff, Beth-Center, Fredericktown	
1965	
14'-0 1/4 Bob Daniele, Bishop McDevitt, Wyncote 196	

#### SHOT PUT

Dick Hart, Morrisville 1961
Gary Demar, Baldwin, Pittsburgh 1968
Greg Ellis, Lansdowne-Aldan, Lansdowne
1965
Ron Semkiw, Baldwin, Pittsburgh 1970
Ron Kuzma, Bethel Park 1967
Olney Croasdale, Epis. Acad. Phila. 1961
Drew Baron, St. James, Chester 1966
Ron Turpin, Reading 1969
Bob Wyatt, Johnstown 1966
Chuck Eneix, Washington 1969

#### **DISCUS THROW**

187'-3 3/4	Ty Higgins, Lower Moreland, Hunt. Val. 1970-
182'-3 1/2	Erv Jaros, North Penn, Lansdale 1965
178'-7	Seeve Hein, Mt. Lebanon, Pittsburgh 1968
178'-0	Bill Dvorzak, Freedom (Dist. 7) 1969
177'-0 3/4	Ron Wasilewski, Mt. Carmel 1964
175'0	Ron Hungarter, Meyers, Wilkes-Barre 1966
174'-7 1/2	Gene McCleary, Cornwall 1960
174'-7 1/2 173'-3 1/2	Gene McCleary, Cornwall 1960 Mitch Yanyanin, Freedom (Dist. 7) 1967
173'-3 1/2	Mitch Yanyanin, Freedom (Dist. 7) 1967

#### **JAVELIN THROW**

239'-4	Ray Mushinski, Ambridge 1969
235'-3	Bob Kouvolo, Ambridge 1967
231'-4	Bob Rivard, Hempfield, Landisville 1966
222'10 3/4	Jan Sikorsky, Ramsay, Mt. Pleasant 1957
222'-4	John Clark, Titusville 1970
219'-9 1/2	Scott Hagy, Wilson, West Lawn 1966
218'-6	Ed O'Neill, Warren 1970
218'-1	Dick Clepper, Boiling Springs 1965
217'-10 1/2	Wayne Bodenheimer, Shaler, Glenshaw 1964
217'-0 1/2	Bruce Heishman, Carlisle 1966

# ONG SLOW DISTANCE



## The Humane Way to Train



Much talked about and eagerly-awaited by distance running aficionados, Joe Henderson's new book on LSD (Long Slow Distance), "The Humane Way to Train," is now ready and making itself heard in running circles across the country.

Its approach is away from the rigid schedule, the back-breaking type of training so prevalent today. LSD advocates long, slowish training runs and suggests that workouts should be pleasurable, not a daily grind.

With illustration and example from the training routines of top-class runners (such as Amby Burfoot, Bob Deines, Tom Osler, and Ed Winrow), as well as some lesser lights, the book shows how LSD has been a dramatic aid to performance and should provide food for thought to many.

All runners (road runners, trackmen, Sunday joggers, and others) should find much to stimulate them in this book. And coaches owe it to themselves to learn what LSD can do and has done. Fans, too, will be rewarded by the clear, interesting presentation. Who knows? This just might be the beginning of a distance training revolution!

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#### COMING IN LATER ISSUES OF REVIEW .....

- ARTICLE ON EARL FLICKER, PA.'S FORMER
   NATIONAL WOMEN'S PAN AMERICAN TEAM COACH
- CHRONOLOGICAL STATS
- ARTICLE ON BARNEY EWELL OLYMPIC SPRINT GREAT
- ARTICLES ON CURRENT HIGH SCHOOL AND COLLEGE STANDOUTS

MEET RESULTS		2 D IIII	, -
STATE COLLEGE INVITATIONAL 3/27	7/71	<ol> <li>Penn Hills</li> <li>Annville-Cleona</li> <li>Williamsport</li> </ol>	8:28.8 8:29.2 8:42.6
4 MILE RELAY		60 YARD HIGH HURDLES	
<ol> <li>State College (White-Batt-Gottshalk-Dixon)</li> <li>Penn Hills</li> <li>Annville-Cleona</li> <li>Elizabethtown</li> <li>Easton</li> </ol>	18:32.8 18:41.4 19:22.0 19:33.1 19:57.8	<ol> <li>Shawn Tice, Easton</li> <li>John Grzybowiski, G.A.R.</li> <li>Art Herrena, Elizabethtown</li> <li>Ed Luhn, Big Spring</li> <li>YARD LOW HURDLES</li> </ol>	7.7 7.8 7.8 8.0
	2,7,7,10	1. John Grzybowski, G.A.R.	7.4
SHOT  1. Jim Nelson, Bradford  2. Bill Johnson, Kane  3. Jim Bowers, Annville-Cleona  4. Gordon Nelson, Williamsport  Brad Benson, Altoona	51'9 R 51'3 49'8 1/2 47'8 1/2 46'3 1/2	<ol> <li>Shawn Tice, Easton</li> <li>Art Herrena, Elizabethtown</li> <li>Rod Smith, Coughlin</li> </ol> SPRINT MEDLEY	7.4 7.5 7.5
		<ol> <li>Easton         (Kennedy-Zarate-Messina-Collins)</li> </ol>	3:37.5 R
ONE MILE RUN  1. Mickey Collins, Easton  2. Tom Cook, Chambersburg  3. John Gallagher, State College  4. Jacob Bower, Milton	4:21.4 R 4:26.3 4:43 4:47.6	2. Penn Hills 3. Salanco 4. Chambersburg	3:39.4 3:42.2 3:44.8
5. Neuhardt, Bradford	4:58.7	TWO MILE RUN	
100 YARD DASH  1. Art Owens, Stroudsburg	9.9 TR	<ol> <li>Bill Dixon, State College</li> <li>Terry Wile, Kane</li> <li>Al Ramer, Chambersburg</li> </ol>	9:57.2 10:08.9 10:14.3
<ol> <li>Smith, Coughlin</li> <li>Gary Crowley, Milton</li> </ol>	10.1 10.2	ONE MILE RELAY	
4. Tom Szeliga, State College	10.3	<ol> <li>State College (Szeliga-Batt-Triefold-Lincoln)</li> </ol>	3:32.2
440 YARD DASH	50.0	2. Elizabethtown 3. Milton	3:34.6 3:34.9
<ol> <li>Mark Horvey, Meyers</li> <li>Dave White, Solanco</li> <li>Ron Knott, Bradford</li> <li>Dave Ransom, Chambersburg</li> <li>Reitmeyer, Colin, Milton</li> </ol>	52.2 52.5 52.7 53.0 53.3	4. Ephrata 5. Chambersburg SHOT	3:36.4 3:36.5
	~	1. Karl Bivans, Millersville	46'10 1/2
POLE VAULT 1. Bill Thomas, Coughlin	12'7 1/2	<ol> <li>Gary Martin, Mansfield</li> <li>Phil Brady, Clarion</li> </ol>	41'3 1/2 39'7 1/2
2. Bill Gifford, State College	12'4 1/2	HIGH JUMP	
3. Dave Gorman, Biglerville	12' 1 1/2	1. John Miller, Millersville	6'0
HIGH JUMP  1. Jeff Sechrist, West York	6'0	<ol> <li>Robert James, Kutztown</li> <li>Bob York</li> </ol>	6'0 5'10
<ol> <li>John Miller, Lewisburg</li> <li>Snyder, Dallastown</li> </ol>	6'0 Jump Off 5'10	COLLEGE DISTANCE MEDLEY	
4. Chuck Runnels, Williamsport 5. Will VanNatta, Solanco	5'10 5'8	<ol> <li>Bloomsburg         (Strohl, Horwitz, Lee, Burkholder)</li> <li>Penn State U.</li> </ol>	10:39.7 R 10:49.7
880 YARD RELAY		3. East Stroudsburg	10:55.8
1. Milton Hershey (Goffney-Nixon-Synder-Halbleib)	1:33.8 R	COLLEGE SPRINT MEDLEY	
2. State College 3. Easton 4. Penn Hills	1:34.2 1:34.4 1:34.5	<ol> <li>Millersville         (Burns, Langford, Ecker, Girvin)</li> <li>Kutztown</li> <li>Clarion</li> </ol>	3:35.7 3:37.7 3:38.1
TWO MILE RELAY			
<ol> <li>State College (Triebold-Dixon-Batt-Gotshalk)</li> </ol>	8:13.9	POLE VAULT  1. John Ruane, Clarion	14'0
2. G.A.R.	8:25.9		

#### MEET RESULTS....

EAST STROUDSBURG STATE INVITA		1000 YARD RUN 1. Dennis Morrissy (ES)	2.10 6
INDOOR TRACK MEET 3/13	3/71	2. Bill Nowak (T)	2:18.6 2:18.7
Koehler Fieldhouse		3. Paul Servidie (T)	2:19.4
* Denotes new Meet Record		4. Bill Dawson (WC) 5. Ray Lackey (F)	2:20.7 2:25.8
CHOT BUT		60 YARD DASH	2.2).6
SHOT PUT			
1. John Hill (Leh) 2. John Ficek (Bl)	52-10 1/2 * 49-9 1/2	1. Tony Ambush (MSM) 2. Henry Barr (WC)	6.3
3. Greg Sondey (T)	49-8 1/2	3. Jim Davis (BI)	6.4 6.5
4. Brian Derwin (Leh)	48-11	4. Dave Oakes (WC)	6.6
5. Marty Pavelic (WC)	48-3	5. Bob Lieberman (F)	6.6
Joe Kelly (ES) Jim Abbott (ES)	43-2 1/4 42-7 1/2	Kurt Zwikl (ES) Bob Adams (ES)	6.8 6.9
	12 / 1/2		0.9
POLE VAULT	12-6	300 YARD RUN	22.2
1. Randy Yocum (BI) 2. Terry Moses (WC)	12 <b>-</b> 6	1. Dave Oakes (WC) 2. Henry Barr (WC)	32.2 32.3
3. Dale Muchler (Bl)	12-6	3. Jim Davis (B1)	32.3
4. Terry Woginrich (K)	12-6	4. Bob Bauman (Laf)	32.5
5. Bill Hoover (T) Porter Arbogast (ES) DNC:INJ	11-0 (12-0)	5. Dwaine Brooks (MSM) Ken Young (ES)	33.2 35.0
Jerry Meckley (ES) DNC	(11-0)	R. C. Smith (ES)	35.2
HIGH JUMP		600 YARD RUN	
1. Bruce Kocher (K)	6-4	1. Joe Ahouse (ES)	1:12.3 *
2. Jeff Hery (WC)	6-2	2. Frank Costello (WC)	1:14.7
3. Kent Prizer (Bl)	6-0	<ol> <li>Jon Kilroy (Leh)</li> <li>Stan Soper (F)</li> </ol>	1:14.8
Eric Edwards (R)	6-0	5. Bill Bixler (WC)	1:15.9 1:16.9
5. Bob James (K)	6-0		andre services and
Bob York (ES)	6-0	TWO MILE RUN	
Ken Young (ES)	5-10	<ol> <li>Dan Lerch (WC)</li> <li>John Heil (Leh)</li> </ol>	9:18.7 *
70 YARD HIGH HURDLES		3. Kim Hisenberg (WC)	9:21.2 9:32.7
1. Andy Kuzma (Bl)	8.8	4. Tim Waechter (Bl)	9:38.2
2. Ken Lehman (WC)	8.9	5. Dan Benedict (Laf) Bob Hersh (Laf)	9:40.2 9:40.2
3. Harry Torhan (MSM) 4. Jon Heidleberger (SJ)	8.9 9.1	Dob Heisii (Lai)	9.40.2
5. Bob Garis (ES)	9.2	TWO MILE RELAY	
Ken Young (ES)		1. Lehigh	8:00.9 *
DISTANCE MEDLEY		(Koons-Gulash-Steele-Strockbine)	
1. Lehigh	10:28.6 *	2. Trenton	8:01.0
(Koons, Gulash, Steele, Strockbine)	10.20 5	3. West Chester	8:01.0
2. West Chester 3. Bucknell	10:30.5 10:35.8	4. East Stroudsburg	8:13.7
4. East Stroudsburg	10:40.8	5. Bloomsburg	
5. Mt. St. Mary's	10:47.9		
MILE RUN		ONE MILE RELAY	
1. Dan Lerch (WC)	4:20.2	1. East Stroudsburg	3:27.5
2. Bill Showers (WC) 3. Karl Dieter (Leh)	4:23.1 4:23.9	(Smith-Stohl-Morrissy-Ahouse)	
4. John Nicoletti (MSM)	4:25.0	2. West Chester	3:30.2
5. Bob Hersch (Laf)	4:27.8	3. Frostberg	3:31.8
440		4. Kutztown	3:36.2
	51.7 *	5. Lehigh	3:36.5
1. Gary Mohlsky (K) 2. Tony Natele (SJ)	52.1		
3. Bob Smith (ES)	52.5		
4. Bruce Bitner (Bl) 52.7			
5. Jim Agnew (WC)	52.8		

## PENNSYLVANIA TRACK & FIELD ASSOCIATION 4TH ANNUAL INDOOR HIGH SCHOOL TRACK & FIELD MEET WEST CHESTER STATE COLLEGE 20 MARCH 1971

	SHOT PUT			
	1. Rich Fidler, Gov. Mifflin	51'7		
	2. Dick Tamanini, Wyoming Valley	48'5 1/2	FOUR LAP RELAY	
	3. Diller, McCaskey	48'33/4	1. Coatesville	1:18.8
	4. Jim Bowers, Annville	47'11 1/2	(Kissell, Brake, Turner, Hicklen)	
	5. Steve Walmer, Elizabethtown	47'73	2. Milton Hershey	1:19.8
			3. Easton	1:20.4
	ONE MILE RUN		4. Norristown	1:20.5
	1. Mickey Collins, Easton	4:24.6	5. York Surburban	1:21.2
	2. Tim Cook, Chambersburg	4:30.2	y. Tota surbaroun	1.21.2
	3. George Dixon, State College	4:30.5	HIGH JUMP	
	4. Bruce Skiles, Owen J. Roberts	4:33		
	5. Doug Macic, McCaskey		1. Ron Livers, Norristown	6'0
			2. Sty Vanormer, McCaskey	5'10
	440 YARD DASH		3. Rick Denning, O. J. Roberts	5'10
	1. Mike Creciun, Norristown	53.1	4. Steve Coleman, Elizabethtown	5'10
			5. Bill Keays, Solanco	5'10
	2. Lincoln Gotshalk, State College	54.4		
	3. Jerry Ulrich, Red Land	55.1	TWO MILE RUN	
	4. Dave White, Solanco	55.3	1. Bill Dixon, State College	10.02.5
	5. Sarver, Milton Hershey	55.7		10.02.5
	45 VADD DAGU		2. Jim McDaniels, Wyoming Valley	10:18.9
	45 YARD DASH		3. Glenn Ashton, Meyers	10:19.6
	1. Mike Kasum, Norristown	5.0	4. Jim Hersh, McCaskey	10:26.3
	2. Zarate, Easton	5.1	5. Dick Wolf, Elizabethtown	10:26.8
	3. Holvey, Myers	5.1		
	4. Wilson, McCaskey	5.1	ONE MILE REL'AY	
	5. Kerr, York Suburban	5.2	1. Easton	3:39.0
	Beattie, Salanco	5.2	(Collins, Tice, Kennedy, Hockin)	
			2. Norristown	3:39.9
	45 YARD HIGH HURDLES		3. State College	3:41.9
	1. Shawn Tice, Easton	5.7	4. McCaskey	3:43.3
	2. McGalliard, Norristown	5.8	5. Solanco	3:45
	3. Grzybowski, G.A.R. Memorial	5.8	). Solalico	3.4)
ē,	4. Hardcastle, McCaskey	6.0	TWO MILE DELAY	
	5. Nixon, Milton Hershey	6.0	TWO MILE RELAY	
	Hyneman, Gov Mifflin	6.0	1. State College	8:26.1
		4	(Dixon, Batt, White, Jotshalk)	
	880 YARD RUN		2. GAR Memorial	8:35.6
	1. Charles McKee, Norristown	2:04.2	3. Norristown	8:39.0
	2. Dave Batt, State College	2:05	4. Annville-Cleona	8:40.9
	3. B. Work, Salanco	2:06	5. Meyers	8:44.4
	4. Bill Norton, Hamburg	2:06.2	y	
	5. Kirk Gibson, York Suburban	2:07.6		
	The state of the s			

#### TRI-STATE INDOOR INVITATIONAL TRACK MEET OF CHAMPIONS

* Meet Record PITT F	IELD HOUSE - MA	\$ 11%	
50 YARD HIGH HURDLES		600 YARD RUN	
		1. Rick Kissman, McDowell	1:13.7
1. Ernie DeChellis, Ursuline	6.3	2. Chuck Mozingo, T. Jefferson	1:13.9
2. Dick Sturtz, S. Hills Cath.	6.4	3. Rich Jackson, Westinghouse	1:14.0
3. Fred Furia, West Mifflin N.	6.5	4. Dan Rothermel, Mt. Lebanon	1:14.8
4. Rich Taulton, Clairton	6.8		
5. Doug Kelly, Austin Fitch	6.7	5. Jeff Swift, T. Jefferson	1:17.3
5. Earl Taylor, E. Liverpool	6.8	6. Hugh Martin, Carrick	1:19.2
J. Lair Taylor, E. Erverpoor	0.0	880 YARD RUN	
50 YARD DASH		1. Bob Schurko, Bethel	1:57.3
1. Tim O'Keefe, Bethel	5.6	2. Nick Martin, Carrick	2:02.4
2. Steve Williams, E. Liverpool	5.6 *	3. Pete Bucci, S. Hills Cath.	2:03.0
3. Jose Azel, Chartiers Val.	5.7		
	5.7	4. Dave Meixner, Ringgold	2:04.1
4. Glen Hodge, Young Ursuline		5. Paul Montag, Butler	2:05.5
5. Ralph Price, Young Liberty	5.7 5.7	6. Bob Dwyer, Gateway	2:05.6
6. Bill Lisotto, Penn Hills	3.7	MILE RUN	
50 YARD LOW HURDLES			4·20 B
1. Ernie DeChellis, Young. Ursuline	6.0 *Tie	1. Bob Schurko, Bethel	4:29.8
2. Dick Sturtz, S. Hills Cath.	6.1	2. Dave Lawton, Hickory	4:32.0
3. Fred Furia, West Mifflin N.	6.1	3. Nick Martin, Carrick	4:32.1
4. Mike Seely, Bethel	6.4	4. John Ravita, Baldwin	4:32.2
	6.4	5. Jeff Carr, Punxsutawny	4:33.8
5. Earl Taylor, E. Liverpool 6. Mark Jones, Bethel	6.5	6. Tom Stockard, Butler	4:34.4
		TWO MILE RUN	
SPRINT MEDLEY		1. Mark Bonasorte, T. Jefferson	9:50.6
1. Mt. Lebanon	3:43.3		
(Rothemel-Estes-McWilliums-Sullivan)		2. Alex Kasich, Hickory	9:55.0
2. Thomas Jefferson	3:44.3	3. Bill Welsh, Austin. Fitch	9:55,9
3. Penn Hills	3:46.3	4. John Baxter, U. St. Clair	10:07.
-		<ol><li>Joe Curlee, T. Jefferson</li></ol>	10:07.
4. Riverside	3:46.6	6. Roy Kulikowski	10:11.
5. Washington	3:47.9 3:47.9	,	
Baldwin Tie	3:47.9	SHOT PUT	
DISTANCE MEDLEY		1. Ron Semkiw, Baldwin	57'10
1. Gateway	10:59.2	2. Tom Pavlik, T. Jefferson	55'7 1
(Evanish-Dwyer-Feldshue-O'Neil)		3. John Reihner, Washington	54'2
	11.06.0	4. Steve Behr, McDowell	51'2 1
2. Austin. Fitch	11:06.8	5. Dennis Franks, Bethel	51'0 1
3. Baldwin	11:09.9	6. Dave Jancisin, West Mifflin N.	50'6
4. Washington	11:15.2	or zave janerom, west militare	,,,,,
5. Butler	11:19.2	HIGH JUMP	
6. Penn Hills	11:20.0	the second secon	/1
O CMM *******	\$	1. Jim Gray, Butler	6'1 3/
TWO MILE RELAY		2. Mike Dobos, Bethel	6'0
INO MILE RELAT		3. Jan Hastings, E. Liverpool	6'0
1. Butler	8:31.2	4. Jim Epilitoe, McKeesport	6'0
(Montag-Schnur-Buckowsky-Pelusi)		5. Mike Goodrich, Penn Hills	5'10
2. Thomas Jefferson	8:33.4	6. Rod Allen, West Mifflin N.	5'10
3. Gateway	8:35,5	POLE VAULT	
	8:38.8		10110
4. Washington		1. Will Weir, Fox Chapel	12'10
5. S. Hills Cath.	8:39.9	2. Mitch Wilson, E. Palestine	12'0
6. Ringgold	8:42.2	3. Russ Clark, E. Palestine	12'0
MILE DEL AV		4. Larry Stauffer, Derry Bob Baudoux, Gateway Tie	11'6 11'6
MILE RELAY	3.32.3	6. Mike Hahn, Austin. Fitch	11'0
1. Thomas Jefferson (Morris-Jeff Swift-Bonesurte-Matingo)	1.12.3		
	3:32.9	LONG JUMP	
2. Mt. Lebanon	3:35.8	1. Rod Allen, West Mifflin N.	21'0 1
3. Westinghouse		2. Fred Griffin, Bethel	20'7
4. U. St. Clair	3:41.4	3. Clair Boring, Butler	20'1 3
5. Ringgold	3:41.7	4. Rick Prado, Gateway	19'11
6. Mt. Lebanon B.	3:42.5	5. Paul Dixon, S. Hills Cath.	19'10

2.25.4

2.31.1



4:16.5 miler Pete Christ of St. Francis School, Spring Grove. Durable and strong finisher could possibly be one of Pennsylvania's top of all time this year. Pete is being aided by teammates after one of his many outstanding victories last season.

#### JR. HIGH 440 Ray Wisdo, Mt. Carmel Chuck Wilson, Dallas Tim Bittner, Milton 59.6 R 61.0 64.5 SR. HIGH 440 1. Mark Holvey, Meyers 55.8 2. Dave Begliomini, Wyoming Area 56. 2 3. Mick Kennedy, Easton 56.2 JR. HIGH 600 1.30.4 R 1. Scott Aspril, Solanco 2. Frank Kaminski, Wyoming Valley 1.31.9 3. Ellis Brasby, G.A.R. 1.33.1 SR. HIGH 600 1. Howard Triebold, St. College 1.18.8 R 2. Harris Evans, Meyers 3. Jim Rickard, G.A.R. 1.19.4 1.21.4 JR. HIGH 880 1. Bill Barr, Solanco 2.20.5

#### 4TH ANNUAL ICE-BERG OLYMPICS 2/20/71

GIRL'S 880					
1. Bernardine Sivick	G. A. R.	2.51.9			
2. Donna Berkoski	Mt. Carmel	2.59			
3. Jane Hannigan	Dallas	3.04			
SR. HIGH SHOT					
1. J. T. Barber	St. College	46'8 1/2"			
2. Gordon Nelson	Williamsport	46'2 1/2''			
3. Craig Gilbert	Meyers	45'6''			
SR. HIGH HIGH JUMP					
1. Chuck Runnels	Williamsport	6' 3/4 R			
2. Jim Davison	Meyers	5' 10			
3. Dave Carter	G.A.R.	5'8			
JR. HIGH 60 YARD DASH					
1. Steve Meskers	Dallas	7.2			
2. Dan Baughman	Solanco	7.3			
3. Robert Muolo	Mt. Carmel	7.4			
SR. HIGH 60 YARD DASH					
1. Carl Folk	York	6.7			
2. Rodney Smith	Coughlin	6.7			
3. Gary Cromley	Milton Area	6.8			
JR. HIGH 60 YARD LOW HURDLES					
1. Joe Dimnick	Mt. Carmel	8.5 R			
2. Jerry Morrison	Solanco	8.6			
3. Gary Morton	Meyers	9.2			
SR. HIGH 60 YARD LOW HU	RDLES				
1. Pierre Ritter	York	7.2 R			
2. Alan Maclay	Garden Spot	8.2			
3. John Hallbeib	Milton Hershey	8.2			
SR. HIGH 60 YARD HIGH HL	IRDLES				
1. Shawn Tice	Easton	7.8 TR			
2. Art Herrera	Elizabethto wn	8.0			
3. Samuel Green	York	8. 1			

9	dided by		
	SR. HIGH 880		
	1. Steve White 2. Dennis Noll 3. Fim Trayer	St. College Milton Hershey	2.04.3 2.06.5 2.07.8
	JR. HIGH 1000		
	<ol> <li>Randy Varner</li> <li>Mark Jones</li> <li>Scott Miller</li> </ol>	Milton Hershey G. A. R. Dallas	2.48.0 2.53.5 3.11.7
	SR. HIGH 1000		
	<ol> <li>Lincoln Gotshalk</li> <li>Ben Work</li> <li>Marty Brandt</li> </ol>	St. College Solanco Annville-Cleona	2.21.7 R 2.22.2 2.22.3
	JR. HIGH MILE		
	<ol> <li>Gay Aston</li> <li>Jim Davies</li> <li>Carl Wolf</li> </ol>	Meyers St. College Elizabethtown	4.58.4 R 5.12.5 5.27.6
	SR. HIGH MILE		
	<ol> <li>Mickey Collins</li> <li>George Dixon</li> <li>Dick Wolf</li> </ol>	Easton St. College Elizabethtown	4.29.0 R 4.47.4 4.48.8
	JR. HIGH 2 MILE		
	<ol> <li>Paul Tomino</li> <li>Paul Boris</li> <li>Glenn Wimer</li> </ol>	Easton Coughlin Solanco	11.10.77 R 11.30.4 11.37
	SR. HIGH 2 MILE		
	<ol> <li>Bill Dixon</li> <li>John McDaniels</li> <li>Glenn Aston</li> </ol>	St. College Wyoming Valley Meyers	10.15.3 10.29 10.30.6

2. Don Beaver, Elizabethtown

3. Pete Eckman, Dallas







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